



# 21st -28th May 2015

Find out more and sign up to to take part in this heart-warming prayer week at the back of your church or at your cell meeting or on line <a href="https://www.tasvalley.org">www.tasvalley.org</a> or ring one of the clergy Sally 470762/ Dawn/ Martin

Prayer 24-7 is an international movement.

Participating groups pray 24 hours a day for a week in a dedicated prayer room or large tent.

Here in the Tas Valley, we've joined in Prayer 24-7 for a number of years and have found this way of praying to be great – people often find that an hour passes like 10 minutes and many prayers have been answered by God in amazing ways. the photos are from previous weeks of prayer

Anyone can sign up for hour long slots in the room – a chance to pray alone or with chosen friends. It doesn't matter if you're not a regular churchgoer or what age you are. The room is equipped with lots of aids to prayer in different styles – so you can light candles, listen to meditative music, paint on the prayer art board, enter your prayer requests in a book etc. Being in a room dedicated to

prayer like this is often a very moving experience.

This year the theme will be "Come Holy Spirit" – The cells and other groups are designing interactive and/creative ways of praying for blessing on others and meditating on God's word.

The opening service will be on 21st May at 7pm and there will be various prayer and meditation workshops each evening.

Sign up to take part in this heart-warming prayer week at the back of your church or at a cell meeting or on line <a href="https://www.tasvalley.org">www.tasvalley.org</a> or ring one of the clergy Sally 470762 You will receive full details of the programme and details of where to park.









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#### Dear

You may have experienced or heard from others how special and moving our own Prayer 24-7 events in the Tas Valley have been in previous years. I am writing to see whether you would like to be involved in some way this year. For example...

Give us a prayer request - write down something which people taking part in the prayer week can pray for e.g. for someone who is unwell

Come along to one of the special events overleaf (no need to book)

Book to have an hour in the prayer tent by yourself or with a friend.

#### MORE INFORMATION ABOUT PRAYER 24/7...

In a week of 24-7 prayer, continuous prayer takes place in a chosen location with the "baton" of prayer being handed on each hour from one person to another. In our case the location this year will be a large marquee. A room in a nearby house will also be available for chatting, reading and as a waiting room alongside the prayer space. Of course, we can pray anywhere and do not need such a special room but most of us do struggle to pray – and find there is something very helpful about praying in settings which have been set aside and in which many people have prayed before us – and we also find it useful to have structures and suggestions for prayer – even (and perhaps for some especially) slightly crazy ones like praying round the clock.

As before, there will be many aids to prayer – a selection of music to aid worship and contemplation, a book for prayer requests, suggestions for meditative prayer, a paint wall, poetry etc.. This year the theme will be Come Holy Spirit – and the cells are designing interactive ways of praying and meditating around the coming of the Holy Spirit to each of us personally and His work in the world.

If you sign up for a prayer slot, Sally will contact you to confirm and give you details of where to park etc in the week beginning 18th May.

every good wish
PRAYER 24-7 REPLY SLIP
NAME & CONTACT DETAILS
I WOULD LIKE TO BOOK A SLOT IN THE PRAYER ROOM AT THE FOLLOWING TIME(S)
(you can also book online at <u>tasvalley.org/whatwedo/bookings</u> )
I WOULD LIKE TO REQUEST PRAYER FOR THE FOLLOWING





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### Special Events and Services - Just come Along

	Thurs 21st	7-8pm	Opening Service
F	ri 22nd	7.30-9.30	7- midnight Night of prayer with JAM for 11-16yrs
			(young people need permission forms tel. 01508 470762)
Ç	Sat 23rd	7-9.30pm	Learning to Listen to God (a workshop based on lector divina)
			in the Benedictine tradition)
Ç	Sun 24th	11-12	Pentecost Praise
		12-1	Drop in time for all ages
	Thurs 28th	10-12	Messy Prayer (Drop in time for Under 5s and their families)
			Other Under 5s activities available in house and garden.
		6-7pm	Closing Service followed by a Bring & Share Meal
5	Sun 24th	11-12 12-1 10-12	Learning to Listen to God (a workshop based on lector divina) in the Benedictine tradition)  Pentecost Praise  Drop in time for all ages  Messy Prayer (Drop in time for Under 5s and their families)  Other Under 5s activities available in house and garden.

### also... any day you can come to

8-8.30am Morning Prayer (with opportunity to stay to pray until 9am)
12 -12.15 Blessing Prayers (with drop in time until 1pm

9.30-10pm Compline (Quiet Night Prayer)

Use of the prayer room at other times is by advance booking - please ring 01508 470762 or the person who gave you this letter on \_\_\_\_\_ or book online at <a href="https://www.tasvalley.org">www.tasvalley.org</a>./whatwedo/bookings