

March April 2016 update



Photo. Children from Fressingfield Primary collecting and donating food at their harvest festival.



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HOW YOU CAN HELP



Staff and Children from Oaks Nursery in Diss helped us at the 2015 Christmas collection over 1,700 kgs of food was collected over the 3 days thanks to all that helped and donated food

Waveney Foodbank contact details

Unit 9b

Brome Industrial Estate,
Eye, Suffolk

IP23 7HN

07498 318194

0845 2691078 (calls cost 5ppm plus your own operator access charges)

info@waveney.foodbank.org.uk

Thanks to the wonderful students from Capernwray Bible college who spent a sunny February afternoon painting our warehouse doors



Last year you donated enough food to fill one of these...measuring 39'x7.5'x6.5'



**Summer Tesco Neighbourhood
Food Collection Thurs 30th June,
Fri 1st and Sat 2nd July.
Would you like to take part?
If so contact us.**

Thank you for your continued food donations
During 2015

32,000 meals were given out as emergency food. Compared to 28,980 in 2014/15.

Of this number, over 15,000 went to children.

The top three reasons for foodbank referral were:

[low income 38%; benefit delay 11 %; benefit change 10%]

In Harleston 51% of all clients were receiving some form of in work benefits

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Our Christmas hamper appeal continues with great success in 2014 we gave over 50 hampers away to local families in crisis giving over 200 people a Christmas meal

Last Christmas 2016 we distributed over 90 hampers, again to local families in need feeding 450 people we would like to thank.....Diss Salvation Army, Volunteers from South Norfolk Council, Those that helped collect food over the three days at Tesco and everyone who donated to our appeal.



Volunteers from South Norfolk Council helping us pack Christmas hampers



Some of the many gifts from Bungay Labour Supporters

A really big thankyou also goes to Bungay Labour party who donated over 50 boxes of toys and extras to help those most in crisis, giving local children a fantastic Christmas



MAIN FACTS AND FIGURES

2015 to 2016

2200 People fed incl Christmas hampers

24,000 kgs of food donated

22,000kgs of Food given out

We have 7 Distribution centres

We have over 150 Volunteers

We have 60 Voucher issuers

We have over 150 regular Donors

Last year it cost over £9000 to run

Waveney foodbank .(we pay no wages)

Foodbank Prayer March 2016 from Rosemary Adams

A client has had her benefits reinstated along with backpay and is so delighted to be able to pay off all the bills. She thanks everyone at Waveney Foodbank for all their kindness and support." We thank our God for wonderful news like this and for the people who make it all possible. In some Distribution Centres we also seem to have a different attitude among recipients of boxes, in that more are saying, "We have enough sugar /tea/ whatever, please put that by for somebody else. We will only accept what we really need and are able to use." This is a refreshing change from the 'grab what I can while I can' attitude that has sometimes surfaced in the past! A lot of our chat at Distribution Centres is trying to explain to recipients that there is no need for them to 'feel bad' as our last 'guest' told us that they did. This is a hand-up, not a handout, and most of us need a hand-up from our fellow human beings at some time or other, whether in the form of food or in some other way.

"Praise God for His goodness to us and pray that we may continue to bless others in this way. Pray for laws to be changed that mean people are uncertain when they will be able to afford the necessities of life even though they may be working hard for the right."

**NO ONE
HAS EVER
BECOME
POOR
FROM
GIVING.**
- Anne Frank

People donate to Waveney Foodbank in many different ways, some give food, some give money and many donate a few hours every month to help feed those in need, living in their local community. Why not join them?
You can....
Donate by cash or cheque,
Request a standing order form,
Or contact us to find out about local volunteering opportunities.

The figures released this April from the Trussel trust show yet another increase, compared to last year, in the people given 3 days emergency food.

David McAuley, Chief Executive of The Trussell Trust says:

"This years figures on national foodbank use prove that the numbers of people hitting a crisis where they cannot afford food are still far too high. One million three day food supplies given out by our foodbanks every year is one million too many. This many people needing emergency food must not become the new normal. I'm calling on Government, the voluntary sector, businesses and communities to work together to tackle hunger and poverty in the UK. This has to be a society-wide effort.

"Our foodbank network is already playing its part: many foodbanks offer additional services to help people break out of crisis, and if the promising new data science techniques shown in the University of Hull report are developed, we could use them to help tell foodbanks where to target resources and which groups in society are most at risk from hunger."



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