TAS VALLEY RESOURCES FOR AN HOUR OF PRAYER FOR BLESSING

February - March 2013 MENU CARD



Why not use this menu to set aside one hour a week during Lent to bless your local area?

Starter

Spend some time Praising God for who He is and what He has done

Then pray about areas of your life where you need to repent: Turn from anything you know to be wrong and ask his forgiveness and for Him to fill you afresh with His Holy Spirit.

Take time to quietly receive from God His forgiveness, His love and His Spirit.

Main Course

Pray for blessing on the Tas Valley Area and Norfolk using the framework from Ffald-y-Brenin and this month's pointers

Tas Valley Pointers for Lent 2013:

Praying for Blessing

- On those considering vocation/ a new direction in life. especially those under pressure at work or made redundant
- On those who work in the field of medicine and especially for Long Stratton Medical Partnership
- On those thinking about confirmation later this year or attending an Alpha course (Weds mornings and evenings)
- On Swainsthorpe PCC as they consider running a Parish Development Programme
- On the Cell Church (Bishop's Mission Order being considered by Diocesan Mission and Pastoral Committee on 4th March)
- On Phil and Yvonne Wood (Phil is former team vicar of Tas Valley, currently on sick leave) - for the right medication to be found for Phil
- On those recently bereaved and for those who seek to bring comfort especially for training of new bereavement visiting team this month.
- On all who attend the special Tas Valley Events for Lent and Holy Week
- On those moving house, especially those moving into our villages

Framework based on the Friday Blessing, Ffald-y-Brenin

Heavenly Father, in the Name of Jesus we speak to every household in the Tas Valley and we say:

"We bless you in the Name of the Lord. We bless the relationships within each household that there may be peace, love and understanding flowing between each one. Especially we bless your marriages that they may be strong and whole. We bless the relationship between each marriage partner that it may be loving, forgiving merciful and strong. In Jesus name, we bless every network of wholesome and supportive friendship.

We bless your health that you may be strong and well. In Jesus name we resist any sickness or disease which seeks to invade this area and to each person we say "Be well, be strong, be healthy". To any who are unwell right now we say, "We bless you in Jesus name with a speedy recovery".

We bless your wealth that you will have enough to live and enough to give. We bless the work of your hands that whatever you turn your hands to may be profitable. We bless every wholesome enterprise that is conducted by you that it may prosper and be successful. We bless the fields that crops and wildlife may flourish together. We bless flocks and herds that they may be well and strong and that they may multiply.We bless the roads and the railways that all who travel them may be safe and whole.

We bless the schools that they may be full of joy and peace for teachers and pupils. We bless the children's capacity to learn and develop relationships and we bless them that simple trust in Jesus may grow and become enriched.

We speak to the churches, chapels and all Christian communities and we say, "We bless you in the Name of the Lord that the Holy Spirit and the Word of God may powerfully flow out from you. We bless the hearts of all who live in this valley and area that you may be quickened to hear and respond to the Voice of the Living God. We bless all who live and work here, that the overspill of the blessings of the Kingdom of God may fall upon you. **Amen.**

Dessert

Pray for blessing on our nation & the wider world including the Caleb Prayer

International/ National pointers for Lent 2013

- **The Real Easter Egg** the only fairtrade chocolate egg which tells the Easter story through stickers and raises money for charity. Pray for all who give and receive one this year.
- Archbishop Justin Welby in all the challenges of beginning his work as Archbishop of Canterbury- Visiting Norwich 14th March, to be enthroned March 21st
- **Building Hope in Uganda** especially for Rwentobo school and Tas Valley link with Worl Shine Ministries

Caleb Prayer

O High King of HeavenHebrews 7.1; Ps 47Have mercy on our land2 Chronicles 4.14Revive your ChurchHabakkuk 3.2Send the Holy SpiritActs 2.33For the Sake of the ChildrenIsaiah 49.25May Your Kingdom come to our NationMatthew6.10In Jesus' mighty NameJohn 14.13-14Amen.So be it!

Coffee

Pray for God's blessing on the others who are taking part in the blessing project or a local house of prayer this year

Andy & Lesley Cox; Adrian & Sarah Miller; Wayne and Teresa Doman, Clair Amerigo, William and Vicky Ball; Julia Higbee; Andrea and Peter Sluman; Sarah Norman; Annette Freeman Jane Rae; Hannah Pye; Sheila Buchanan, Emmanuel Group; Richard Bond; Multigenerational Cell; Chris & Sally Gaze

Aaronic Blessing (Numbers 6:24–26, NIV)

The Lord bless you and keep you; the Lord make His face shine upon you and be gracious to you; the Lord turn His face toward you and give you peace